



PSHE Medium Term Plans

<u>Year 2 Unit Names:</u>	<u>Golden Threads:</u>
Being Me In My World Celebrating Difference Dreams and Goals Healthy Me Relationships Changing Me	Respect and Empathy Safety and Risk Management Health and Well-being Positive Relationships Resilience and Self-esteem Responsibility and Citizenship

Long Term Plans	Enquiry Theme	Objectives	Golden Threads Links	Assessment
Being Me In My World	Hopes and fears for the year	1. To identify some of my hopes and fears for this year	Respect and Empathy	1. Name some of my hopes and fears for this year

Celebrating Difference		2. To understand the rights and responsibilities for being a member of my class and school 3. To listen to other people and contribute my own ideas about rewards and consequences 4. To can listen to other people and contribute my own ideas about rewards and consequences 5. To understand how following the Learning Charter will help me and others learn 6. To recognise the choices I make and understand the consequences	Positive Relationships Responsibility and Citizenship	2. Understand the rights and responsibilities for being a member of my class and school 3. Contribute my own ideas about rewards and consequences 4. Listen to other people about rewards and consequences 5. Know how following the Learning Charter will help me and others learn 6. Recognise the choices I make and understand the consequences
	Assumptions and stereotypes about gender	1. To start to understand that sometimes people make assumptions about boys and girls (stereotypes). 2. To understand some ways in which boys and girls are different and accept that this is OK 3. To understand that bullying is sometimes about difference 4. To recognise what is right and wrong and know how to look after myself 5. To understand that it is OK to be different from other people and to be friends with them	Respect and Empathy Positive Relationships Resilience and Self-esteem	1. Understand that sometimes people make assumptions about boys and girls (stereotypes). 2. Name some ways in which boys and girls are different and accept that this is OK 3. Explain why bullying is sometimes about difference 4. Recognise what is right and wrong and know how to look after myself 5. Understand that it is OK to be different from other

		6. To tell you some ways I am different from my friends		people and to be friends with them 6. Say some ways I am different from my friends
Dreams and Goals	Achieving realistic goals	1. To choose a realistic goal and think about how to achieve it 2. To carry on trying (persevering) even when I find tasks difficult 3. To recognise who I work well with and who it is more difficult for me to work with 4. To work well in a group to create an end product 5. To explain some of the ways I worked well in my group to create the end product 6. To know how to share success with other people	Positive Relationships Resilience and Self-esteem Responsibility and Citizenship	1. Choose a realistic goal and think about how to achieve it 2. Carry on trying (persevering) even when I find tasks difficult 3. Recognise who I work well with and who it is more difficult for me to work with 4. Work well in a group to create an end product 5. Explain some of the ways I worked well in my group to create the end product 6. Know how to share success with other people
Healthy Me	Motivation	1. To know what I need to keep my body healthy 2. To know what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed 3. To understand how medicines work in my body and how	Safety and Risk Management Health and Well-being Resilience and Self-esteem	1. List what I need to keep my body healthy 2. Say what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed

		important it is to use them safely - To sort foods into the correct food groups and know which foods my body needs every day to keep me healthy - To make some healthy snacks and explain why they are good for my body - To understand which foods to eat to give my body energy		- Understand how medicines work in my body and how important it is to use them safely - Sort foods into the correct food groups and know which foods my body needs every day to keep me healthy - Make some healthy snacks and explain why they are good for my body - Understand which foods to eat to give my body energy
Relationships	Different types of family	- To identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate - To understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not - To identify some of the things that cause conflict with my friends	Respect and Empathy Positive Relationships Responsibility and Citizenship	- Name the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate - Understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not - Name some of the things that cause

		- To understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret - To recognise and appreciate people who can help me in my family, my school and my community - To express my appreciation for the people in my special relationships		conflict with my friends - Explain why sometimes it is good to keep a secret and sometimes it is not good to keep a secret - Recognise and appreciate people who can help me in my family, my school and my community - Express my appreciation for the people in my special relationships
Changing Me	Growing from young to old	- To recognise cycles of life in nature - To know about the natural process of growing from young to old and understand that this is not in my control - To recognise how my body has changed since I was a baby and where I am on the continuum from young to old - To recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vulva, vagina, anus) and appreciate that some parts of my body are private.	Safety and Risk Management Health and Well-being Resilience and Self-esteem	- Recognise cycles of life in nature - Know about the natural process of growing from young to old and understand that this is not in my control - Say how my body has changed since I was a baby and where I am on the continuum from young to old - Name the physical differences between boys and girls, use the correct names for

		5. To understand there are different types of touch and can tell you which ones I like and don't like 6. To identify what I am looking forward to when I move to my next class		parts of the body (penis, testicles, vulva, vagina, anus) and appreciate that some parts of my body are private. 5. Understand there are different types of touch and can tell you which ones I like and don't like 6. Say what I am looking forward to when I move to my next class
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